

ANXIETY EVALUATION FORM- DSM-IV

Patient's name: _____

Date: _____

- A1. Does your child have excessive anxiety or worry about certain events or activities (such as attending school or school performance)? _____
- A2. Does this worry occur more days than not? _____
- A3. Has your child been anxious or worried for longer than 6 months? _____
For how long if less than six months? _____

B. Does your child find it difficult to control their worry? _____

C. Is your child's anxiety or worry associated with any of the following?

(Please mark all that apply)

- ____ restlessness or feeling keyed up or on edge
- ____ being easily fatigued
- ____ difficulty concentrating or mind going blank
- ____ irritability
- ____ muscle tension
- ____ sleep disturbance (difficulty staying asleep, or restless unsatisfying sleep)

D. Is your child's anxiety solely focused (excessive) around any of the following?

(Please mark one or any that apply)

- ____ worried about having a panic attack
- ____ worried about being embarrassed in public
- ____ worried about being contaminated by germs
- ____ worried about being away from home or close relatives
- ____ worried about gaining weight
- ____ worried about having a serious illness
- ____ worried about a traumatic experience in their life

D2. Does your child have multiple physical complaints? _____

E. Does your child's anxiety, worry, or physical symptoms cause significant impairment in his or her social, occupational, or school functioning? _____

F. Does your child take any medications? _____

F1. Does your child use illegal drugs or alcohol or do you suspect this? _____

F2. Does your child have any medical conditions (e.g., hyperthyroidism)? (Please list)

F3. Does your child have any Developmental Disorders? (Please list) _____